

# CHEERIO NETBALL CLUB



## PARENT AND PLAYER HANDBOOK

WINTER SEASON





If you require information about the Club or wish to contact a Committee Member please visit our website:

**[cheerionetball.com](http://cheerionetball.com)**

Please also 'like' our page on Facebook:



**Cheerio Netball Club**

You can also follow us on Instagram :



**[cheerio\\_netball\\_club](https://www.instagram.com/cheerio_netball_club)**

# CONTACT INFORMATION



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# OUR COMMITTEE

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Coaching Coordinator  
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Social Media Coordinator  
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**Teresa Birt**  
Newsletter Coordinator  
Email: [newsletter@cheerionetball.com](mailto:newsletter@cheerionetball.com)

**Aliena Lyall**  
General Committee

**Brooke Kenny**  
Senior Player Representative

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# SEASON DATES

Senior grades commence on Saturday 13 April.

Intermediate and all junior grades start on Saturday 4 May.

Semi Finals: Saturday 7 September

Preliminary Finals: Saturday 14 September

Grand Finals: Saturday 21 September

All matches are played at Priceline Stadium at the following times:

9.00am	Go and Primaries
10.00am	Sub Juniors
11.00am	Juniors
12.30pm	Intermediates
2.00pm and 3.30pm	Seniors

Fixtures are available at <http://amnd.sa.netball.com.au/>

The clubs expectation is that players will arrive at least 30 minutes prior to a game.

Teams will generally meet at the court allocated for each specific match.

Scorers and timers will be required for each match and in most cases the coach will organise a roster.

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# TRAINING



The general times for training are:

Junior Teams: 6.00pm - 7.30pm

Senior Teams: 7.30pm - 9.00pm

Training will commence on Wednesday 13 March for three weeks and then move to a Tuesday night from 2 April for the remainder of the season.

The club expects that you will:

Arrive at training in time for the commencement.

Arrive in appropriate sportswear for training.

Always bring a filled drink bottle with you.

The club has a duty of care for the safety of underage children. No player is to leave the stadium without adult supervision.

All junior players are required to stay within the Priceline Stadium building until they are collected by a parent.

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# FEES

Is it the responsibility of the parents (in the case of juniors) and senior players to ensure all registration fees are paid. Most players have paid fees upon registration on MyNetball prior to trials.

Fees cover the cost of submitting teams in the AMND competition, player insurance, umpire payments, training facility hire, equipment and club awards. These costs must be covered to ensure the financial viability of the club.

Fees for the 2019 winter season are:

Go and Primaries	\$270
Sub Juniors	\$270
Juniors	\$300
Intermediates	\$300
Seniors	\$330

For any queries or to make payment of fees please contact our Treasurer, Nicole Mobius: [treasurer@cheerionetball.com](mailto:treasurer@cheerionetball.com)

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# UNIFORM

All uniform items and merchandise is available from:

Sports Centre  
142 Port Road, Hindmarsh  
Ph: 1300 123 609 or 08 8346 3411

<http://www.sportscentre.com.au/>

Opening Hours: 9.00am to 5.30pm  
Monday to Friday and 9.00am to  
3.00pm Saturday

It is compulsory for all players to have a Cheerio dress, boy leg shorts and socks.

Jumpers, jackets and other items are also available.

All players are provided with a warm up shirt as part of their registration.





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The club's expectation is that players have committed to play the whole season for the club.

We do however understand that sickness, injury and sometimes absences are unavoidable during the season. It is the players responsibility to keep their coach informed about their availability. Where a known absence will occur, the player is to advise the coach as early as possible in the season.

Where sickness strikes players need to please advise their coach as soon as possible as coaching plans may need to change due to player absence.

When an injury has occurred please keep your coach up to date with how long you may be out of the game and how your recovery is progressing. A coach may ask for a clearance from a medical practitioner before an injured player may recommence training/playing.

Each coach may have their own way of dealing with unexplained absences. The Club supports the coach's right to use their discretion on court time if a player has not attended training or a match without explanation.



**AVAILABILITY**

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# FUNDRAISING, SPONSORSHIP & VOLUNTEERS

## FUNDRAISING

During the season the club will run various fundraising activities.

Monies raised from these activities allows the club to subsidise player, coach and umpire development. Ultimately if the club is successful in its fundraising this will assist us in keeping fees lower.

## SPONSORSHIP

Sponsorship is another great way for the club to receive funds to support our overall development.

There are a number of sponsorship packages available. If you have a business, sponsorship is a tax-deductible expense.

Please contact us if you would like further details about our sponsorship packages.

## VOLUNTEERS

The club could always use more coaches, team managers, umpires, officials, committee members and general help. Remuneration is provided to all umpires and coaches and the club will also cover the cost of those willing to complete development or accreditation courses.

If you are interested or know anyone that can assist please contact us.

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# CODE OF BEHAVIOUR

The Club has adopted the Netball SA Codes of Behaviour for our players, coaches, parents and officials. The Club expects that its members abide by these codes which are set out below.

## **PLAYERS CODE OF BEHAVIOUR**

Learn the rules of the game and play fairly by them at all times.

Never argue with an official. If you disagree, have your captain approach the official during an interval or after the competition.

Control your temper. Verbal abuse of officials or other players and /or deliberately distracting or provoking an opponent is not acceptable or permitted in any sport and action may be taken by the umpires and/ or team officials.

Work hard for your team at all times. Your performance will benefit and so will your team.

Acknowledge good play whether it is by your team or the opposition.

Treat all players both on and off the court, as you would like to be treated. Do not interfere with or take unfair advantage of another player.

Co-operate with your coach, team mates, opponents and officials at all times.

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# CODE OF BEHAVIOUR

## COACHES CODE OF BEHAVIOUR

- 1. Respect the rights, dignity and worth of every human being**  
Within the context of the activity, treat everyone equally regardless of sex.
- 2. Ensure the athlete's time spent with you is a positive experience**  
All athletes are deserving of equal attention and opportunities.
- 3. Treat each athlete as an individual**  
Respect the talent, developmental state and goals of each individual athlete. Help each athlete reach their full potential.
- 4. Be fair, considerate and honest with athletes**
- 5. Be professional in and accept responsibility for your actions**  
Language, manner, punctuality, preparation and presentation should display high standards.

Display control, respect, dignity and professionalism to all involved with the sport – this includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage your athletes to demonstrate the same qualities.

- 6. Make a commitment to providing a quality service to your athletes**  
Maintain or improve your current NCAS accreditation. Seek continual improvement through performance appraisal and ongoing coach education. Provide a training program which is planned and sequential. Maintain appropriate records.
  - 7. Operate within the rules and spirit of your sport**  
The guidelines of national and international bodies governing your sport should be followed. Please contact your sport for a copy of its rule book, constitution, by-laws, relevant policies, e.g. Anti-doping Policy and selection procedures. Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA).
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# CODE OF BEHAVIOUR

8. Any physical contact with athletes should be:
  - appropriate to the situation.
  - necessary for the athlete's skill development.
  
9. Refrain from any form of personal abuse towards your athletes\*  
This includes verbal, physical and emotional abuse. Be alert to any forms of abuse directed towards your athletes from other sources whilst they are in your care.
  
10. Refrain from any form of sexual harassment towards your athletes\*  
You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal.
  
11. Provide a safe environment for training and competition  
Ensure equipment and facilities meet safety standards. Equipment, rules, training and the environment need to be appropriate for the age and ability of the athletes.
  
12. Show concern and caution towards sick and injured athletes  
Provide a modified training program where appropriate. Allow further participation in training and competition only when appropriate. Encourage athletes to seek medical advice when required. Maintain the same interest and support towards sick and injured athletes.
  
13. Be a positive role model for your sport and athletes  
\* Please refer to the Harassment-Free Sport Guidelines available from the Australian Sports Commission, for more information on harassment issues.

Coaches should:

- be treated with respect and openness
- have access to self-improvement opportunities
- be matched with a level of coaching appropriate to their level of competence

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# CODE OF BEHAVIOUR

## UMPIRES CODE OF BEHAVIOUR

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as an umpire.

1. Umpire in accordance with the Official Rules of the Game.
  2. Treat all players, coaches, match officials and other umpires with respect.
  3. Place the safety and welfare of the players above all else.
    - Ensure the court and its surrounds are compliant with the rules.
    - Take appropriate action to manage dangerous play.
  4. Maintain a high standard of personal behaviour at all times.
  5. Be a positive role model through behaviour and personal appearance projecting a favourable image of netball and umpiring at all times.
  6. Be courteous, respectful and open to discussion and interaction.
  7. Maintain or improve your current performance level and seek continual improvement.
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# CODE OF BEHAVIOUR

## SPECTATORS CODE OF BEHAVIOUR

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as spectator.

1. Most players (in particular children) participate in netball activities for fun. They are not participating for entertainment of spectators only.
  2. Applaud good performance and efforts by all players. When watching a game congratulate both teams on their performance regardless of the game's outcome.
  3. Respect the umpires' and coaches' decisions. If there is a disagreement, follow the appropriate procedure in order to question the decision and teach children to do likewise.
  4. Never ridicule or scold a player for making a mistake during a competition. Positive comments are motivational.
  5. Condemn the use of violence in any form, be it by administrators, coaches, players, umpires or parents/guardians.
  6. Show respect for your team's coach, the umpire and opponents. Without them there would be no game.
  7. Encourage players to play according to the rules and the official decisions, and develop your own knowledge of the rules.
  8. Demonstrate appropriate social behaviour by refraining from using foul language, harassing administrators, coaches, players or umpires.
  9. Support the use of age appropriate development activities and modified rules.
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