



**PLAYERS' AND  
PARENTS'  
WELCOME PACK**

**WINTER SEASON**

**2018**



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### **A note about our name:**

Commencing the start of Winter Season 2018, Cheerio Netball Club will no longer be a part of the “Phoenix” brand. All Merchandise, Social Media and Emails will no longer brandish the Phoenix Logo or name.

The Club is simply “Cheerio Netball Club”.

We would appreciate everyone supporting us and respecting our name by cheering “Go Cheerio” and helping us say goodbye to the Phoenix branding. This includes no longer wearing any uniform item that includes a Phoenix logo.

### **Further information**

If you ever require information about the Club or wish to contact a committee member, please visit our website: **[cheerionetball.com](http://cheerionetball.com)**

Please also “like” our page on Facebook: **Cheerio Netball Club**

You can also follow us on Instagram: **[cheerio\\_netball\\_club](https://www.instagram.com/cheerio_netball_club)**



## 1. FEES

It is the responsibility of the parents (in the case of juniors) and senior players to ensure all registration fees are paid. Most people will have paid fees upon registration on MyNetball prior to trials.

Fees cover the cost of submitting teams in the AMND competition, player insurance, umpire payments, training facility hire, equipment and club awards. These costs must be covered to ensure the financial viability of the club.

Where a payment plan is approved by the Club President or Treasurer you are requested to honour the plan with payments made on a regular basis.

Payment plans must be arranged with the Treasurer, Nicole Mobius at [treasurer@cheerionetball.com](mailto:treasurer@cheerionetball.com)

The best way to make payments is by EFT or deposit direct to the club's bank account, using the player's name as a reference. The bank account details are:

Bank SA  
Acc Name: Cheerio Netball Club Inc.  
BSB: 105-143  
Acc No: 024050540

It is important that an email remittance is sent to [treasurer@cheerionetball.com](mailto:treasurer@cheerionetball.com) whenever a payment is made, so that the payment can be identified and allocated to the appropriate person.

In the event that a player is regarded as unfinancial by the club as at 31<sup>st</sup> July 2018 the Club reserves the right to keep the player off the court until payment is received.

A player will generally be considered un-financial if they have outstanding fees from the current or any previous season and they have not either:

1. paid those fees in full; or
2. arranged a payment plan; or
3. have arranged a payment plan but are not making regular payments as agreed.

If you have any queries or concerns in relation to fees please contact either the Treasurer at the email address above.



## **2. AVAILABILITY**

The Club's expectation is that you as a player have committed to play the whole season for the Club.

We understand that sickness, injury and some absences are unavoidable during the season.

It is your responsibility to keep your coach informed about your availability. This applies to training and matches.

Where a known absence will occur, please advise your coach as early as possible in the season.

Where sickness strikes please advise your coach as soon as possible, as coaching plans may need to change due to your absence.

Where an injury has occurred please keep your coach up to date with how long you may be out of the game and how your recovery is progressing. Your coach may ask for a clearance from a medical practitioner before you can recommence training/playing.

Each coach may have their own way of dealing with unexplained absences. The Club supports the coach's right to use their discretion on court time if a player has not attended training without explanation.



### **3. TRAINING**

The general time slots for training are –

Junior teams: 6.00pm to 7.30pm on Tuesdays

Senior Teams: 7.30pm to 9.00pm on Tuesdays

Other times may be applicable for your team, i.e. younger players may only train for an hour. Confirm your training time with your coach.

Trainings may be cancelled from time to time due to weather or school holidays. Each coach will confirm such changes with their team.

The Club expects that you will:

1. Arrive at training in time for the commencement of training;
2. Arrive in appropriate sportswear for training (you are not required to wear the club uniform unless you are requested to by your coach, for example, a practice match); and
3. Always bring a filled drink bottle with you.

#### Junior Players

The club has a duty of care for the safety of underage children. It is required that no player leaves the stadium without adult supervision. Parents, please ensure your child is picked up on time. Players will be required to stay within the Priceline Stadium building until you collect them.



## 4. UNIFORMS

All Cheerio Netball Club uniforms and merchandise are organised through:

Sportscentre  
142-146 Port Road  
Hindmarsh SA 5007  
Ph: 1300 123 609

The Club warm-up top are covered in your fees, sizing is required on your registration. Tops will be distributed once received by our uniform co-ordinator Steph Paige.

In order to play you must wear the following compulsory uniform items:

Cheerio dress (yellow)  
Cheerio boy-leg shorts (purple)  
Cheerio socks  
Warm-up top (for pre-game, not worn during games)



## **5. MATCH DAY**

Matches are played every Saturday at Priceline Stadium. Match Day times are as follows -

- 9.00AM Sub-Primaries and Primaries
- 10.00AM Sub-juniors
- 11.00AM Juniors
- 12.30PM Intermediates
- 2.00PM and 3.30PM All Senior Grades (alternating)

The Club's expectation is that players will arrive at least 30 minutes prior to a game. Coaches may specify a different requirement for their own team.

If preventative strapping is required this should be done before arrival time.

Teams will generally meet by the court allocated for the day unless a different meeting place is organised by the coach.

Scorers and timers will be required each match day. The coach may organise a roster. Players and parents are expected to be aware of when it is their turn to supply helpers and to ensure that they are there on the day. Having volunteers to act as officials during matches is essential for games to proceed. It is most fair if everyone contributes equally to this task. If you will have trouble assisting, please discuss this with your coach.



### Court time

Cheerio's policy is that all players should receive equal court time (as far as is reasonably possible) during minor round matches and this applies to all but the top two senior grades.

The coach will keep records in relation to court time. During any one game court time may be unequal due to the positions available, match ups, injury and player numbers. For this reason, the concept of equal court time is to be considered over the course of the whole season, not during any one match. If you are unavailable for a match it is not considered as missed court time.

On rare occasions, a team may have more than 9 players available. In such case the coach may choose to create a roster for players to have games off. Rostering will be fair for all players.



## 6. FUNDRAISING AND SPONSORSHIP

### Fundraising

During the season the Club will run several fundraising functions.

Monies received from these activities will allow the Club to subsidise coaching clinics, coaching development courses, umpire development training and activities within the club for the benefit of the players.

Ultimately if the Club is successful in its fundraising, this will assist us in keeping fees lower.

The Club asks that you support our fundraising activities to the best of your ability. This may mean sourcing donations, attending events or selling items such as chocolates or raffle tickets.

Your support of these activities and prompt return of any monies from goods sold will be appreciated.

### Sponsorship

Sponsorship is another great way for the Club to receive funds to support our development. The Club is always looking for new sponsors.

There are a number of sponsorship packages available. If you have a business, sponsorship is a tax-deductible expense and is often more beneficial than donating goods and services.

If you would like more information about our packages, please contact the Sponsorship Coordinator, Sian Williams:

**[sponsorship@cheerionetball.com](mailto:sponsorship@cheerionetball.com)**



## 7. VOLUNTEERING

The Club could always use more coaches, umpires, officials, committee members and general help. If you or anyone you know is interested in getting more involved in netball, then we ask you to talk to, or direct others to, any committee member.

The President, Bree Burns and the Secretary, Barb Harrison, would be happy to hear from any potential volunteers. Their contact details are:

Bree Burns

Mobile: 0421 908 692

president@cheerionetball.com

Barb Harrison

Mobile: 0419 810 656

secretary@cheerionetball.com

The Club has a regular newsletter sent out by email. If you are not receiving the newsletter, please email **newsletter@cheerionetball.com** and we will put you on the list.

Of course, we are always happy to recruit more players. We would appreciate everyone spreading the word about our great Club and inviting friends and family to join us.



## 8. CODES OF CONDUCT

The Club has adopted the Netball SA codes of conduct for its players, coaches and officials. The Club expects that its members will abide by these codes, which are set out below (and are also available on the Netball SA website).

### Players' Code of Behaviour

- Learn the rules of the game and play fairly by them at all times.
- Never argue with an official. If you disagree, have your captain approach the official during an interval or after the competition.
- Control your temper. Verbal abuse of officials or other players and /or deliberately distracting or provoking an opponent is not acceptable or permitted in any sport and action may be taken by the umpires and/ or team officials.
- Work hard for your team at all times. Your performance will benefit and so will your team.
- Acknowledge good play whether it is by your team or the opposition.
- Treat all players both on and off the court, as you would like to be treated. Do not interfere with or take unfair advantage of another player.
- Co-operate with your coach, team mates, opponents and officials at all times.



### Coaches' Code of Behaviour

1. Respect the rights, dignity and worth of every human being.  
Within the context of the activity, treat everyone equally regardless of sex.
2. Ensure the athlete's time spent with you is a positive experience.  
All athletes are deserving of equal attention and opportunities.
3. Treat each athlete as an individual.  
Respect the talent, developmental state and goals of each individual athlete.  
Help each athlete reach their full potential.
4. Be fair, considerate and honest with athletes
5. Be professional in and accept responsibility for your actions.  
Language, manner, punctuality, preparation and presentation should display high standards.  
Display control, respect, dignity and professionalism to all involved with the sport – this includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage your athletes to demonstrate the same qualities.
6. Make a commitment to providing a quality service to your athletes.  
Maintain or improve your current NCAS accreditation. Seek continual improvement through performance appraisal and ongoing coach education.  
Provide a training program which is planned and sequential. Maintain appropriate records.
7. Operate within the rules and spirit of your sport.  
The guidelines of national and international bodies governing your sport should be followed. Please contact your sport for a copy of its rule book, constitution, by-laws, relevant policies, e.g. Anti-doping Policy and selection procedures. Coaches should educate their athletes on drugs in sport issues in consultation with the Australian Sports Drug Agency (ASDA).
8. Any physical contact with athletes should be:

- appropriate to the situation;
  - necessary for the athlete's skill development.
9. Refrain from any form of personal abuse towards your athletes\*  
This includes verbal, physical and emotional abuse. Be alert to any forms of abuse directed towards your athletes from other sources whilst they are in your care.
  10. Refrain from any form of sexual harassment towards your athletes\*  
You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal.
  11. Provide a safe environment for training and competition  
Ensure equipment and facilities meet safety standards. Equipment, rules, training and the environment need to be appropriate for the age and ability of the athletes.
  12. Show concern and caution towards sick and injured athletes  
Provide a modified training program where appropriate. Allow further participation in training and competition only when appropriate. Encourage athletes to seek medical advice when required. Maintain the same interest and support towards sick and injured athletes.
  13. Be a positive role model for your sport and athletes.

\* Please refer to the Harassment-Free Sport Guidelines available from the Australian Sports Commission, for more information on harassment issues.

Coaches should:

- be treated with respect and openness
- have access to self-improvement opportunities
- be matched with a level of coaching appropriate to their level of competence



### Umpires' Code of Behaviour

In addition to Netball Australia's General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball Australia, Member Organisations or Affiliates in your role as an umpire.

1. Umpire in accordance with the Official Rules of the Game.
2. Treat all players, coaches, match officials and other umpires with respect.
3. Place the safety and welfare of the players above all else.
  - Ensure the court and its surrounds are compliant with the rules.
  - Take appropriate action to manage dangerous play.
4. Maintain a high standard of personal behaviour at all times.
5. Be a positive role model through behaviour and personal appearance projecting a favourable image of netball and umpiring at all times.
6. Be courteous, respectful and open to discussion and interaction.
7. Maintain or improve your current performance level and seek continual improvement.

Please Note:

Cheerio Netball Club pride themselves on fair and equitable play, we would like all of our players to feel safe, understood and heard.

If for any reason a player feels aggrieved with any of these we encourage them to speak with our player representatives, for seniors Steph Nelson **uniforms@cheerionetball.com** or for juniors our Child Safety Officer Teresa Birt **childsafety@cheerionetball.com**



## Committee 2018

<b>President:</b>	Bree Burns
Contact:	president@cheerionetball.com
<b>Vice President:</b>	vacant
Contact:	
<b>Secretary:</b>	Barb Harrison
Contact:	secretary@cheerionetball.com
<b>Treasurer:</b>	Nicole Mobius
Contact:	treasurer@cheerionetball.com
<b>Umpiring Coordinator:</b>	Greg Lyng
Contact:	umpires@cheerionetball.com
<b>Junior Development Coordinator:</b>	Jan Clarke
Contact:	jdp@cheerionetball.com
<b>Sponsorship Coordinator:</b>	Sian Williams
Contact:	sponsorship@cheerionetball.com
<b>Coaching Coordinator:</b>	Jan Clarke
Contact:	coaches@cheerionetball.com



**Uniform Coordinator:**

Steph Nelson

Contact:

uniforms@cheerionetball.com

**Fundraising Coordinator:**

Trevor Lyall

Contact:

fundraising@cheerionetball.com

**Match Committee Convenor:**

Jacqui Colvin

Contact:

match@cheerionetball.com

**Social Media Coordinator:**

Lisa Durbridge

Contact:

social@cheerionetball.com

**Newsletter:**

Teresa Birt

Contact:

newsletter@cheerionetball.com

**Head Coach/Equipment Coordinator:**

Sarah Fry

Contact:

headcoach@cheerionetball.com

**Records Officer:**

Kathie Carman

**Historian:**

Pam Mobius

**Player Representative:**

Steph Nelson

Contact:

uniforms@cheerionetball.com

**Child Safety Officer:**

Teresa Birt

Contact:

childsafety@cheerionetball.com